

NEWS BRIEFS

Sergeants meeting

The Air Force Sergeants Association general membership meeting, is 11:30 a.m. today at the Cardinal Inn Dining Facility. Individuals are encouraged to bring a potential new member or members.

Case lot sale

There is a case lot sale from 9 a.m. to 8 p.m. Saturday at the commissary.

The commissary is open from 10 a.m. to 8 p.m. Tuesday through Friday and 9 a.m. to 8 p.m. Saturday.

OG change of command

Col. Russell Frasz relinquishes command of the 14th Operations Group to Col. James Holmes in a change of command ceremony at 9 a.m. Tuesday at the Wing Ceremonial Plaza.

Wing change of command

Col. Tom Quelly relinquishes command of the 14th Flying Training Wing to Col. Stephen Schmidt in a change-of-command ceremony at 9 a.m. Aug. 9 at the Wing Ceremonial Plaza.

Pre-retirement workshop

This workshop, sponsored by USAA, is from 7:30 a.m. to 4 p.m. Sept. 24-27 at the community center. People who are within two years of retirement and their spouses may attend. Registration is required by Aug. 9 as class size is limited to 40 people.

Participants are asked to bring a resume to the workshop. Resume writing classes are offered the center from 1 to 2 p.m. Aug. 14, 21 and 28. For more information, call Mark Horning at Ext. 2790.

Mission Report

As of Sunday	
T-37	
Goal: 3,378	
Flown: 2,737	
T-1A	T-38
Goal: 2,545.0 hrs.	Goal: 1,847
Flown: 2,552.9 hrs.	Flown: 1,627



Greg Emery

Perimeter check

Master Sgt. Alonzo Pugh, Air Force Vulnerability Assessment Team, and Tech. Sgt. Kip Huston, 14th Security Forces Squadron, evaluate the perimeter of Columbus AFB Wednesday. The assessment team operates from the Air Force Security Forces Center at Lackland AFB, Texas. It examines bases for vulnerabilities to a potential attack and offers commanders options to improve any problem areas.

School district superintendent speaks at town hall meeting

Airman Alexis Lloyd

Public affairs

Columbus AFB parents learned about the upcoming 2002 to 2003 school year during a town hall meeting at the base theater Monday.

Dr. Therrell Myers, school district superintendent, spoke about the school district's mission, core values and changes in the school's schedule.

"[The Columbus Municipal School District] wants the students to feel safe and secure, so they can learn in a clean environment," Myers said. "The mission of our schools is to provide a quality education for every child.

"When you move, which the military does, your child's credits from Columbus district schools are accepted regionally and internationally."

The Columbus school district has five core values:

❑A high quality, public system of education is imperative for our city and community to flourish.

❑Quality personnel who are knowledgeable, who deeply care about children and each other and who reflect the diversity of our community and society, are vital for our success.

❑High expectations for performance must be set for all district employees and students, and that, as a total organization, we must continually pursue improvement.

❑Honesty, integrity, open communication, life-long learning, teamwork and individual needs must be demonstrated within the framework of organizational goals.

❑Students, parents, educators and community members are partners in the educational process.

According to Myers, Columbus schools are ready to begin Aug. 7.

A major change for this school year is there are no more early dismissals from

school on Wednesdays.

"Early dismissals for the children meant the teachers were losing instructional time," Myers said. "We needed longer times for our science and math classes. It allows for continued opportunities for these courses."

The school district's main goal is for all the schools to be Level 5 by 2005. A Level 5 school is a school that has an individual accreditation.

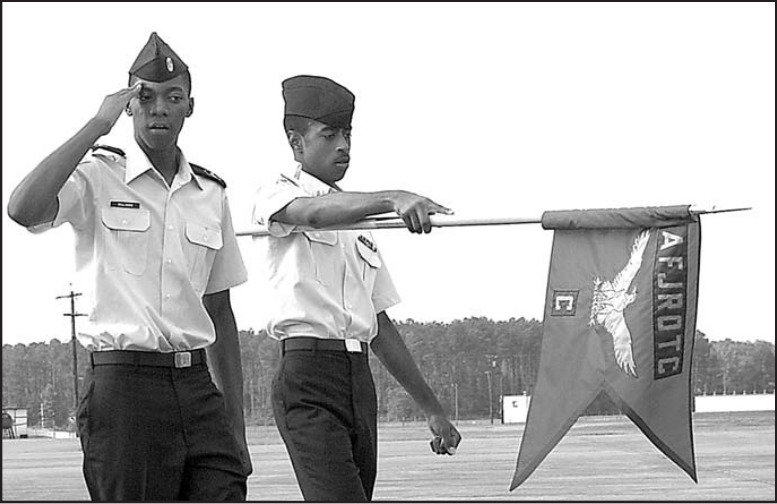
"Every school will receive their individual accreditation," Myers said. "Franklin Academy's student performance is on target for the school to be a Level 5."

"The meeting was very informative," said Lisa Whetzel, whose children are going to the first, third and fifth grade. "I was happy about the core of leadership they had attend the meeting."

For more information, visit www2.mde.k12.ms.us/4420 or call the family support center at Ext. 2790.

Eyes Right

Air Force Junior ROTC Cadet Antonio William, Flight C Commander, and Cadet Erroll Brown, guidon bearer, execute eyes right during parade practice Wednesday. The AFJROTC cadets are visiting Columbus AFB from units in Mississippi and Alabama for a week-long leadership course. They graduate at the base theater at 11:30 a.m. today.



Airman Alexis Lloyd

NEW COMMANDER INFORMATION

Rank and name: Maj. Cephas L. Franklin

Duty title: Commander, 14th Communications Squadron

What is your vision as a squadron commander? To exploit communications and information technology in providing unparalleled communications support to the BLAZE team, any time, any place, any where.

What is your leadership philosophy? Lead from the front. Be a mentor, coach and advisor to the men and women of the team "14th COMM" through a disciplined approach built on the foundation of the Air Force Core Values. Additionally, be accessible and approachable while having fun supporting the mission of the 14 Flying Training Wing.

What do you look forward to as your squadron's commander? Dealing with people. It's the people of a unit that make things happen. As a commander, I get to deal with it all, the good and the bad, in trying to make a difference.

Hometown: Pittsboro, Miss.

Spouse: Sonya Grenell-Franklin

Children: Jordyn and Jaedyn



Maj. Cephas L. Franklin
14th Communications
Squadron commander

NEWCOMERS

Columbus AFB welcomes its newest military people listed by rank, name, gaining unit, previous assignment and hometown. Civilians are listed by name and gaining unit. The newcomers are:

Lt. Col William Millonig, 41st Flying Training Squadron, Stuttgart, Germany, Birmingham, Ala.; **Maj. Matthew Beebe**, 48th FTS, McChord AFB, Wash.; **Maj. Michael Mariel**, 50th FTS, Offutt AFB, Neb., Worcester, Mass.; **Maj. Timothy Nell**, 37th FTS, McGuire AFB, N.J.; **Capt. Paul Cook**, 48th FTS, Dover AFB, Del., Athens, Ohio; **Capt. David Mazzara**, 48th FTS, Robins AFB, Ga., Detroit, Mich.; **2nd Lt. Boyd Band**, 14th Operations Support Squadron, Deer Lodge, Wyo.; **2nd Lt. Kurt Barsch**, 14th OSS, Maxwell AFB, Ala., Delhi, N.Y.; **2nd Lt. Rene Bello**, 14th OSS, Davis Monthan, Ariz., Los Angeles, Calif.; **2nd Lt. Adam Brockshus**, 14th OSS, Offutt AFB, Neb., Brookings, S.D.; **2nd Lt. Jason Childs**, 14th OSS, New Hann, Ind.; **2nd Lt. Jason Cinicola**, 48th FTS, Edwards AFB, Calif., Leesburg, Fla.; **2nd Lt. James Cornett**, 14th OSS, Burlington, Utah; **2nd Lt. Brent Golembiewski**, 14th OSS, Shaw AFB, S.C., Davisburg, Mich.; **2nd Lt. Michael**

Jokhy, 14th OSS, Peoria, Ill.; **2nd Lt. Mike McCarthy**, 14th OSS, Concord, N.H.; **2nd Lt. Jennifer Moore**, 14th Flying Training Wing, Maxwell AFB, Westfield, N.J.; **2nd Lt. Wacharapon Puangchinda**, 14th Communication Squadron, Cheyenne, Wyo.; **2nd Lt. Jeremy Putman**, 14th OSS, Maxwell AFB, Greenville, S.C.; **2nd Lt. Paul Strom**, 14th OSS, Langley AFB, Va., Paris, Texas; **2nd Lt. Nathan Vanhoof**, 14th OSS, Shreveport, La.; **2nd Lt. Scot Wilcox**, 14th OSS, Crystal, Minn.; **Tech. Sgt. Bahar Jett**, 14th Medical Group, Aviano AB, Italy, El Paso, Texas; **Tech. Sgt. Brandon Enea**, 14th Security Forces Squadron, Minot AFB, N.D., Clearwater, Fla.; **Tech. Sgt. Mike Pascale**, 14th Medical Operations Squadron, Lajes, Azores, Copague, N.Y.; **Staff Sgt. Brandon Stagner**, 14th SFS, Nellis AFB, Nev., Kaneohe, Hawaii; **Staff Sgt. Paul Wright**, 14th SFS, Lafayette, La., Opelousas, La.; **Senior Airman Jeremy Keel**, 14th Mission Support Squadron, Dover AFB, Holly Springs, Miss.; **Senior Airman Joshua Peters**, 14th OSS, Camp Page, Republic of Korea, Portland, Oregon; **Milton Murphy**, 14th Civil Engineer Squadron.



Little Rock begins fitness 'boot camp'

Military members at Little Rock AFB, Ark., who fail to meet Air Force weight and fitness standards could be sent to the Little Rock Fitness Boot Camp beginning Monday.

The camp is a 12-week program consisting of three 45-minute fitness classes a week and one 45-minute healthy-lifestyle education class each week. All four classes begin at 6:45 a.m.

"This is not punishment," said Jeff Vaughn, 314th Medical Group exercise physiologist. "It's an opportunity to grow. The individuals who choose to use the fitness boot camp in a positive manner will achieve change, and it will be the first step toward a new healthy lifestyle and greater quality of life."

The program meets Air Force fitness and weight requirements. Air Force Instruction 40-501 states that individuals failing to meet fitness standards after a six-month self-directed program will be placed on a monitored program, and AFI 40-502 also states that individuals failing to meet weight and body fat standards will be placed in a mandatory fitness program.

"Being fit is the single most important thing a person can do to combat physical and mental illness," said Vaughn. "An enormous amount of scientific research exists documenting the fact that exercise reduces stress, improves mood, improves self esteem, lowers blood pressure, reduces total cholesterol, reduces the risk for musculoskeletal injuries and reduces body fat."

The fitness classes will involve calisthenics, running, walking and stretching. The educational classes will focus on nutrition, fitness, behavior-change techniques and stress management.

(Courtesy of Air Education and Training Command News Service)

Some deployments longer than 3 months

While Air Force leaders remain committed to the current air and space expeditionary force concept of three-month deployments in a 15-month window, about 10 to 15 percent of the deployed force will be gone longer, based upon current requirements, Air Force officials said.

Extended tour lengths are becoming necessary to fill shortfalls in certain stressed career fields caused, in part, by demobilizing Reserve and Guard forces and releasing most Air Force specialties from Stop-Loss to meet end-strength requirements.

Gen. John P. Jumper, Air Force chief of staff, understands the contributions required by the total force to allow the Air Force to succeed in the war on terrorism.

"As I talk with airmen and their families around the world, I understand the stress and sacrifices our continuing high operations tempo levies on many of our people," Jumper said in a July 23 letter to airmen worldwide. "The Secretary (of the Air Force Dr. James G. Roche) and I want to express our gratitude and admiration to everyone supporting this critical effort. A grateful American public recognizes and appreciates your dedication and hard work as well."

(Courtesy Air Force Print News)

Education office sponsors college fair Aug. 8

More than a dozen colleges will be at education center from 10 a.m. to 2 pm. to share different opportunities

2nd Lt. Jennifer Moore
Public affairs

The Columbus AFB Education Services Center sponsors an education fair from 10 a.m. to 2 p.m. on Aug. 8 at the education center.

The event features representatives from more than a dozen colleges and universities to raise awareness of the vast array of educational opportunities available to Air Force members stationed at Columbus AFB, said Luther Turner, education services chief.

“We have something to offer every individual who wants to further their education,” Turner said. “The spectrum of educational opportunities includes various types of degrees, as well as national and worldwide programs.”

Many of the participating schools offer distance learning programs. According to Turner, this education

method offers flexibility for active duty military members. Distance learning course materials are available in a variety of formats including television and online versions.

Distance learning can also help eliminate “interruptions in learning” by allowing members going on temporary duty or changing stations to continue their class work from any location in the world.

Distance learning is one option, said Daisy Jones, guidance counselor. “However, information is also available for students who prefer a traditional classroom experience.”

Representatives from Mississippi State University, Mississippi University for Women, and East Mississippi Community College will be available to discuss traditional learning options. Attendees may register for upcoming classes at these three schools during the event.

Three Air Force ROTC program representatives will

be available for people interested in commissioning programs.

Throughout the fair, counselors from the education office will be available for one-on-one discussion of education opportunities.

“There’s going to be a ton of information available out here,” Jones said. “We want everyone to come and find out what type of education program best suits their needs.”

For more information, contact Daisy Jones at Ext. 2562.

Studies show the higher the education the greater earnings

According to a recent Census Bureau Report, higher education equates to higher earning.	
Type of degree	Average expected earning
High school graduate	\$1.2 million
Bachelor’s degree	\$2.1 million
Master’s degree	\$2.5 million
Doctoral and Professional	\$3.4 and \$4.4 million

Columbus AFB recycling program earns money

Tech. Sgt. Jim Moser
Public affairs

The Columbus AFB Recycling Center recently received \$3,000 in revenue by selling 20 tons of paper collected from base organizations and housing residents.

“This is first time we have bailed, shipped and sold paper,” said Renee Howell, qualified recycling program manager. “We also shipped 12 tons of newsprint to be recycled in Louisiana.”

According to Howell, the contractor who used to collect and resell the material kept any money made from recycling. Now it comes back directly to the base.

“Any monies received from the program must first go to offset costs, but after that, any profits can go into base Morale Recreation and Welfare programs,” Howell added. “We are looking forward to that.”

Howell pointed out recycling improvement surveys (citations) are down in all the housing areas.

“Recycling participation is up to 70 percent in base housing.”

According to Mike Smith, Environmental Flight chief, the base’s mandatory recycling policy along with consolidating all recycling functions under one roof is bringing in tremendous results. Just one year ago only 15 percent

of military family housing occupants were recycling.

The Air Force has set a goal to divert 40 percent of its waste from landfills by the year 2005.

Columbus AFB is well on the way to meeting that goal. So far in 2002, the base is diverting 32.5 percent of its waste to recycling.

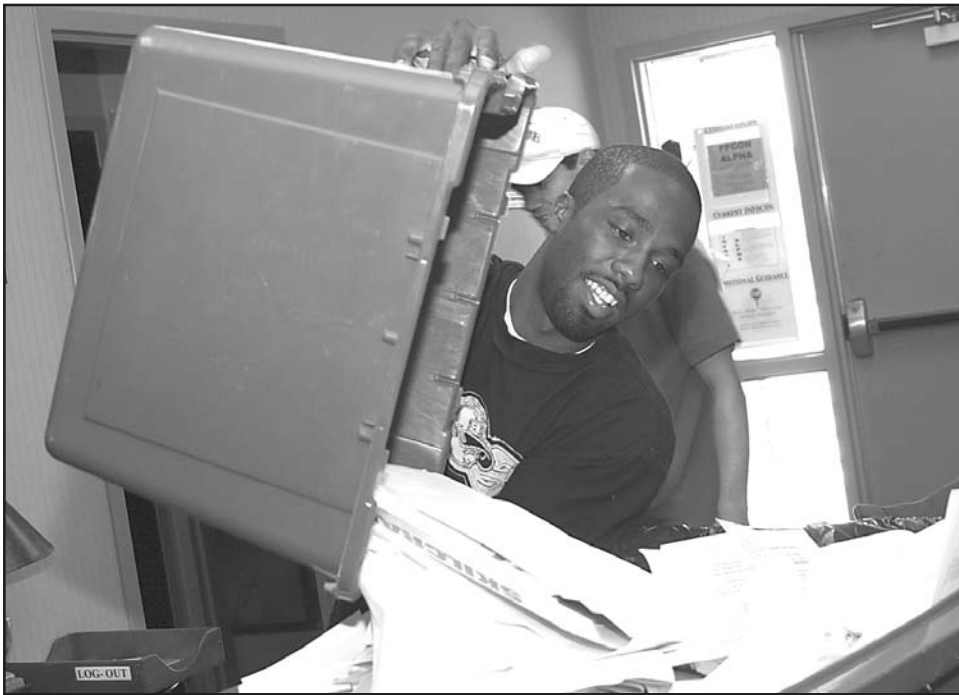
To show their appreciation, the recycling center rewarded 70 base housing residents with new recycling bins.

“The excellent participants, those who have participated every week for three months, received the bins,” Howell said. “The new bins are an all-in-one container on wheels. Each bin contains five smaller bins to hold recyclables. So instead of lugging three or four of the old bins down, people can roll all of their recyclables down to the curb at once.”

The housing office has budgeted for more bins next fiscal year so all families living on base can have this convenience.

Howell said the recycling center is offering a new incentive program to keep people on the right track. “We are going to start a ‘Recycler of the Month’ program some time in October. There will be one winner in each of the three housing areas. The winners will receive one of the new bins”

Recycling is not only contained to the housing units on Columbus AFB.



Airman Alexis Lloyd

Cadarrall Eddings, recycler, dumps paper into a bin to take to the the recycling center for sorting and baling.

“People living downtown can bring recyclable material to the Recycling Center 7:30 a.m. to 4:15 p.m. Mondays through Fridays,” Howell commented.

By direction of the wing commander, all offices on Columbus AFB will also recycle.

“We’ll start building inspections again in August,” she said. “We will be looking

to see if the offices are using correct recycling procedures.”

The center recycles plastics PETE 1 (soda bottles) and HTPE 2 (milk containers), clear and colored glass, cardboard, paper and steel and aluminum cans.

For more information about the recycling program on Columbus AFB, call Howell at Ext. 7406.

Enemy pilots don't sleep well

Lt. Col. Paul McGillicuddy
56th Operations Group

LUKE AFB, Ariz. — If you have been around the F-16 community for any length of time, then you may have seen this poster. It's the one with the F-16 that seems to be flying directly at you and if you stare at it long enough you'll think it is going to fly off the paper. While simply an advertisement, the photo's caption — Why enemy pilots don't sleep well — speaks volumes about how the rest of the world views the U.S. Air Force.

Enemy pilots don't sleep well for two reasons. First, the average U.S. fighter pilot has had two years of intense training before he or she will fly his or her first combat sortie. Second, the support team behind the U.S. Air Force fighter pilot is second to none.

The combination is powerful. Successes in Desert Storm and most

recently Operation Enduring Freedom are testimony to the synergy created when a world-class support team backs professional aviators.

After one year of undergraduate pilot training, a typical fighter pilot is then sent to a short course in the AT-38 called Introduction to Fighter Fundamentals.

Following IFF is six months of intense training at an F-16 flying training unit, primarily at Luke AFB. And then there is the F-16 top-off courses following FTU graduation as well as water and land survival training. Upon arriving at his or her first F-16 operational unit, the fledgling fighter pilot then has to graduate from a two- to three-month long Mission Qualification Training syllabus.

After the two-year transformation process, and it literally is a transformation, the Air Force's newest mission-ready wingman is ready for combat. At least they think they are. Every sortie they fly and every hour they're at work,

time is spent honing their skills to be more lethal in combat. Eventually, as an instrument of national policy, they'll follow in the footsteps of past brave aviators and fly in harm's way.

F-16s won't be the only aircraft flying, but as long as the U.S. is dropping precision guided munitions and high-speed anti-radiation missiles, the F-16s will be called to all of America's conflicts.

As a fighter pilot in Desert Storm, I learned first hand it is a team effort that truly gets the pilot to the target and back home. Our wing stood up a bare base in Saudi Arabia and during the course of Desert Storm, our aircraft utilization rate doubled. Both the support group and the maintainers exceeded everyone's expectations and produced results that, before Desert Storm, folks would have thought impossible. The finance gurus made sure everyone got paid and chaplains continued to hold services. There were Services tents and phones set up so peo-

ple could call home.

One of the most amazing things I discovered during Desert Storm is that although we were dropping bombs for 42 days, reports still needed to be done, records were still updated, the first sergeants’ and chiefs’ groups remained actively engaged, and though it was wartime we operated like any other wing on a day-to-day basis.

Yes, the poster is of a solitary pilot in an F-16, but the real reason the enemy does not sleep well is because behind every pilot is the most competent and professional Air Force the world has ever seen.

When Gen. Michael Ryan, former Air Force chief of staff, testified before Congress in support of the F-22, he said, “We don't want to win the next war 51 to 49, we want to win it 100 to zero.”

(Courtesy of Air Education and Training Command News Service)

STRAIGHT TALK LINE

Tech. Sgt. Matthew Roberts, 14th Medical Operations Squadron NCOIC diagnostic imaging, shows Col. Tom Quelly, 14th Flying Training Wing commander, how he checks an X-ray for accuracy. The clinic provides radiology services for in-house patients and accepts outside prescriptions for X-rays from civilian health care providers. The radiology clinic is capable of routine X-rays, mammographies and ultra-sounds. For more information on radiology services, call Ext. 2211.



Staff Sgt. Kyle Ford

The Straight Talk Line is your direct line to the commander for comments and suggestions on how to make Columbus AFB a better place. Although the Straight Talk Line is always available, the best way to resolve problems is through the chain of command. The Straight Talk Line phone number is 434-7058. Callers should leave their full name and phone number to receive an answer. All names will be kept confidential. Messages may be answered in the Silver Wings without names. Written questions may also be brought to the public affairs office in the wing headquarters building, Bldg. 724. Questions and answers will be edited for brevity.

SILVER WINGS

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Civilian Personnel.....	434-2635
Clinic:	
Family Practice.....	434-2172
Appointment Desk.....	434-2273
After Hours Care.....	434-2273
Columbus Club.....	434-2489
Commissary.....	434-7106
Finance.....	434-2706
Housing Maintenance.....	434-7270
Inspector General.....	434-2927
Legal Office.....	434-7030
Military Equal Opportunity.....	434-2591
Security Forces.....	434-7129
Shoppette.....	434-6026

Announcing Second-Quarter award winners

CGO of the Quarter

Capt. Gayle Peters, 14th Operations Group, is the Company Grade Officer of the Quarter for the second quarter of 2002. Peters managed multiple servers and ensured that operations group computer systems met or exceeded Air Education and Training Command standards, transferring all operations group systems to CAFB Domain to comply with AETC server consolidation plan. She established required support for T-38C computer-assisted instruction lab, set up state-of-the-art system. She is involved in the Columbus AFB chapel community, teaching eighth grade Sunday school. She volunteered to run the children's games for the 2002 Enlisted Appreciation day. She is also pursuing her masters degree through Mississippi State University.



Senior NCO of the Quarter

Senior Master Sgt. Christopher McCollor, 14th Mission Support Squadron is the Senior NCO of the Quarter for the second quarter of 2002. He was the Wing Commander's number one choice of 68 people to compete for the Lance P. Sijan Leadership Award. He authored a program to 'fair share' quarterly third-country national escort taskings throughout the wing which guarantees the delivery of 25 mission critical people annually. McCollor also runs 22 self-assessment programs and conducts staff assistance visits. He led an enlisted and officer performance report writing seminar for more than 180 people, improving report quality and cutting errors by 30 percent. He is also the president of the wing Top-3 council, leading 68 senior NCOs.



NCO of the Quarter

Staff Sgt. Steven McDonald, 14th Contracting Squadron, is the NCO of the Quarter for the second quarter of 2002. McDonald authored a \$1.9 million airfield management/operations contracts ensuring mission critical operation. Additionally, he administers four vital flying contracts valued at \$5.8 million. He identified a \$13,000 deficient cellular phone bill and reconciled the past due account. McDonald also continues to hone his professional skills, completing a contingency contracting course to enhance warfighting capability. He is an executive council member for the Air Force Sergeants Association Chapter 651. He actively mentors base youth, coaching children in youth sports programs and mentoring for the Drug Education For Youth program.



Airman of the Quarter

Senior Airman Catrina Prather, 14th Medical Support Squadron, is the Airman of the Quarter for the second quarter of 2002. Prather processes and analyzed 6,000 samples a quarter for the chemistry/hematology/shipping section with no errors. She maintains and is accountable for \$210,000 of laboratory instrumentation and equipment. Prather is a disaster team member and as such she maintains the emergency facility, guaranteeing readiness posture. She was awarded National Lab Technician certification, scoring in the top 10 percent nationally. She also won National All American Scholar Award by U.S. Achievement Academy. Prather assisted the base blood program officer in conducting a blood drive with Mississippi Blood Services.



Honor Guardsman of the Quarter

Senior Airman Travares Dozier, 14th Flying Training Wing, is the Honor Guardsman of the Quarter for the second quarter of 2002. Dozier performed in nine funeral details and in two other Honor Guard related taskings. After successfully completing a five-day training course at Keesler AFB, Miss., he quickly applied his new knowledge by spearheading a mandatory training session for new honor guard members. Dozier was instrumental in creating a training schedule from scratch which ensures each new member is properly trained within three and one half days. He approaches everything, from training to performing, in a professional and enthusiastic manner.



Category III Civilian of the Quarter

Ricky Allen, 14th Support Group fire protection flight chief, is the Category III Civilian of the Quarter for the second quarter of 2002. Allen managed Columbus AFB's elite Fire and Emergency Services response force by responding to 145 structural, aircraft, medical and hazardous materials emergencies - three were life-saving responses. He is responsible for fire prevention education programs that safeguard Air Force assets worth more than \$692 million. Allen also oversaw a \$31,000 self-help project renovation project of the 48 year-old facility. He also completed the National Fire Protection Association Plans Examiner training, one of 76 in the nation.



Category II Civilian of the Quarter

Elisa Quintero, youth center assistant, is the Category II Civilian of the Quarter for the second quarter of 2002. Quintero coordinated instructional programs involving 60 youth. She rescheduled games and coordinated with T-ball coaches after weather warnings, keeping 40 youth safe. She ensured all youth ages 5-15 signed in and out of the youth center accurately each day — more than 300 youth weekly. Quintero also maintained United States Department of Agriculture reimbursements for 48 children enrolled in the after school program. She is an active volunteer for base activities, volunteered as a food server for the Enlisted Dinning Out and laid sod and pulled weeds at the community center.



Category I Civilian of the Quarter

Timothy Jackson, 14th Logistics Division, is the Category I Civilian of the Quarter for the second quarter of 2002. Jackson's management skills support more than 200 14th Flying Training Wing T-37 and T-38 aircraft. He satisfied 634 non-mission capable conditions ensuring aircraft are made available to complete 3,600 sorties. His hard work and dedicated focus took the T-38 mission capable rates from worst in command to "best." Jackson briefed mission capable status to maintenance managers daily, providing data that aided in improving scheduling. He is currently enrolled in career development course to further an already firm grasp on basic mission capable supply procedures.



Volunteer of the Quarter

Nancy McCollor, Enlisted Spouses Club vice president, is the Volunteer of the Quarter for the second quarter of 2002. McCollor is the ESC Thrift Shop chairman. Managing the thrift shop on behalf of the ESC, she ensures thrift shop procedures are followed and there are volunteers to man the shop during business hours. She was the dining out decorations committee chairperson, aiding in set up, volunteer support, logistics coordination. She also decorated for the event. She assisted in more than 20 hours of set up, preparation and participation for vacation Bible school at the Columbus AFB Chapel. McCollor was awarded the Hunt Intermediate "2001-2002 Parent of the Year" in April 2002. She faithfully contributes over 100 hours of volunteer work each month.



Motorcycle riders own best defense against accidents

Long-time rider says personality is big factor in whether a person is suited for responsible riding

Pam Warnken
Public Affairs

Back in 1992, Staff Sgt. Rodney Fisk, now at the 14th Medical Group dental clinic, took one look at his Barksdale AFB roommate riding a slick new motorcycle and knew he was looking at a dead man.

"You can tell by a person's personality whether they're suited to motorcycles," Fisk said, a bike enthusiast himself. "He just wasn't."

Fisk's 22-year-old dorm buddy brushed off the death statistics that have convinced many riders to pay extra homage to the rules of the road.

"There's a pretty steep learning curve on a bike," Fisk said, "and there's no coming back." On a high-performance bike, even a small mistake can steal a life in a millisecond.

The Barksdale troop felt invincible, Fisk said. "He was a speed freak." And if that wasn't bad enough, the day he died, "he and a buddy, both novice bikers, had switched bikes. Both were racing at high-speed on unfamiliar bikes down a country road they'd never been on before. They rounded a curve and swung wide into the oncoming lane — and into the path of a flatbed truck. It was all over."

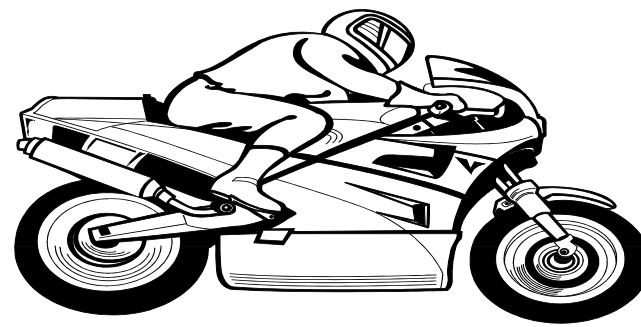
With the popularity of bikes and the youthful demographics of the military, the Air Force is seeing more motorcycle fatalities than ever before. Old Glory has been somberly folded 17 times in motorcycle deaths since the fiscal year began in October. This is much higher than the five riders lost last year. From Chief of Staff Gen. John Jumper on down, the single focus goal is to "stop the trend."

In a recent stop here, Col. Herb Foret, Air Education and Training Command director of safety, laid out the plan to unit safety officers.

"We're trying to develop the same safety awareness on duty with our off-duty pursuits — whether it's scuba, boating, motorcycles or fast cars," Foret said. In all of the armed forces, the Air Force has the best on-duty safety record.

Foret said motorcycles are great fun and no one is picking on them, but the biggest cycle death rate in recent history — despite mandatory cycle safety courses — has stunned the leadership.

More than 3,000 Air Force people have registered motorcycles. The popularity of bikes is unmistakable and growing, Foret said. According to a recent ABC News story, bike sales are expected to jump 17 percent this year. And last year, bike sales were more than twice what they were in 1998.



Pamela Warnken

Staff Sgt. Rodney Fisk, 14th Medical Operations Squadron, works on his 1975 Norton 850cc Commando.

While many buyers are older wealthy professionals, the accident and death trend is still among young men. Of all cycle related deaths in 2000, more than 90 percent were males and a third of those were younger than 30.

Experts say the most dangerous time to ride is from 6 p.m. to 3 a.m. on weekend nights. Nearly half of the fatal crashes occur on rural roads.

With the Air Force deaths, speed is often the primary factor, Foret said. Earlier this year a pilot trainee in Texas was going an estimated speed of between 99 and 115 mph when he crashed and died instantly. And like the Barksdale troop, he was on a borrowed, unfamiliar bike.

The bottom line is that the Air Force is not anti-motorcycles, Foret said. "We know that heroes ride motorcycles. For example, Pete Conrad, the Apollo 12 astronaut who was the third man to walk on the moon in 1969, was killed last year in a motorcycle crash."

"It's a shame," Foret said. In most cases, motorcycle accidents are preventable if people will just be vigilant and observe the most basic safety rules.

Fisk who's been at Columbus for four years, became a licensed rider one year after his roommate's death.

"Everyone at Barksdale was so down on bikes after that accident," said Fisk, who grew up riding off-road bikes. "I wanted to prove that a bike can bring enjoyment. I knew the potential was there for a bad accident, but it's more the operator. If you ride sensibly, your odds of survival are very good."

Two seconds can save you

There are two major ways to stay safe on a motorcycle, according to 14th Flying Training Wing Ground Safety Manager Ted Zoska: "Keep a safe distance and watch your speed. The most common mishap is a motorcycle running into the rear of another vehicle".

The Motorcycle Safety Foundation recommends the "2-Second Rule" to avoid these types of accidents.

Here's how the 2-Second Rule works:

To calculate the distance from a vehicle in front of you, pick a fixed object such as a telephone pole or sign, along the road but ahead of the car you're following.

When the vehicle ahead passes that object, start counting 'one-thousand-one, one-thousand-two.' After completing the two-second count, the fixed point you picked should still be in front of you. If not, you're following too close and need to back off.

Zoska said this method works fine for car drivers too. The "two-second" technique is designed to work as a guide at any speed but an even greater distance is required under adverse weather conditions.

"Using the two-second rule will give you ample distance to stop and it helps others see you better, too. Obeying speed limits and staying off the bumpers of those in front of you might just save your life."

Services: Check out what we have to offer

✓ **Enlisted lounge entertainment:** Disc jockey Kool Kleve entertains from 9 p.m. to 1 a.m. today.

✓ **Teens only pool party:** Teens will party at the base pool from 7:30 to 10 p.m. Saturday. Cost is \$2 for youth center members and \$4 for non-members. Call Ext. 2504.

✓ **Zocchi the Ventriloquist:** As part of the National Kids Day, Zocchi the Ventriloquist performs at 3 p.m. Sunday at the base theater. The performance is free and all ages are welcome.

✓ **Bowlers appreciation week:** The bowling center offers bowling and a food specials starting Sunday until Aug. 10. The food special is a hamburger or hot dog, chips and small soda for \$2.25. Add a burger for \$1.25 or add another hot dog for \$1. Call Ext. 2426.

✓ **Home school physical education registration:** The youth center offers home-schooled children the opportunity to participate in a planned physical education program with children of the same age. Program includes learning basic skills for a variety of sports, new games, participating in on- and off-base field trips and the opportunity for physical endurance growth. Registration begins Monday and classes start Sept. 5 and will be held from 1:30 to 2:45 p.m. Thursdays. Cost is \$35 per month. Call Ext. 2504.

✓ **Back to school buffet and pool party:** The Columbus Club's Tuesday night buffet is from 5 to 7:30 p.m. Price is \$7.95 for club members and \$10.95 for nonmembers. The pool offers a free twilight swim until 9 p.m. for those participating in the Tuesday night buffet. Call Ext. 2489.

✓ **Library happenings:** The library has the "Catch a Dragon By the Tale" summer reading program awards day at 9:30 a.m. Tuesday. There are also test preparation booklets and a back to school display. Call Ext. 2934.

✓ **Sunday brunch:** The Columbus Club's monthly brunch is from 10 a.m. to 1 p.m. Aug. 11. Cost is \$10.95 for members and \$13.95 for non-members. Call Ext. 2489.

✓ **New pool hours:** Effective Aug. 11 the new hours for Independence Pool are as follows: Monday closed; Sunday, Tuesday,

Wednesday, Thursday, Friday and Saturday open from noon to 7 p.m.

Lap swimming is available Tuesday through Thursday from noon to 1 p.m. and 5:30 to 7 p.m. and Friday from 5:30 to 7 p.m. The 9 a.m. kiddie swim is no longer available.

✓ **Casino trip:** The information, ticket and travel office offers a trip to the Silver Star Casino in Philadelphia, Miss., Aug. 16. Cost is \$15 and includes transportation and \$15 in coins. The bus leaves the community center parking lot at 5:30 p.m. and returns around 2 a.m.

✓ **Parents day out/Give Parents a Break:** The child development center and youth center offer this program from 9 a.m. to 3 p.m. Aug. 17. Cost is \$2.50 an hour per child and a nonrefundable \$5 deposit is required when making reservations for the child development center.

Children ages six weeks to 12 years are eligible to participate in the "Give Parents a Break" program offered at the same date and time as the parents day out. Any family with special circumstances such as a member TDY or remote, a special health condition, or just an unusual situation, may qualify for free care. Contact the Family Support Center to receive a certificate for participation. Contact the child development center or youth center to make reservations after receiving the certificate.

✓ **Preschool program:** The child development center offers a half-day preschool program for ages 3-5. Classes are from 8:30 to 11:30 a.m. Monday through Friday, Tuesday and Thursday or Monday, Wednesday and Friday. Classes begin Aug. 19. Fees are based on total family income and there is no registration fee. Call Ext. 2478.

✓ **Geyser Falls water theme park:** The information, ticket and travel office is offering a trip to this new water park located in Philadelphia, Miss. Aug. 24. Cost is \$28 per person and includes transportation and ticket to the park. Call Ext. 7858.

✓ **Professional football games:** The information, ticket and travel office is offering two trips to New Orleans, La.

The first trip is Sept. 14 and 15 to watch the Green Bay Packers play the New Orleans Saints. Cost is \$110 per person and includes transportation, lodging (double occupancy),

ticket to the game and shuttle service. A \$50 deposit is required at registration.

The next trip is Oct. 4 to 6 to watch the Pittsburgh Steelers against the New Orleans Saints. Cost is \$160 per person and includes transportation, lodging (double occupancy), tickets to the game and shuttle service. A \$50 deposit is required at registration.

✓ **After school registration:** The youth center is accepting applications for the after-school program starting in August. Fees are based on total family income.

Please bring the family's leave and earnings statements and a copy of the child's shot record. Call Ext. 2504.

✓ **Crafts classes:** The skills development center offers crafts classes for both adults and youth.

Upcoming adult classes are making a flag cloth wreath, a corner peg shelf, a mosaic

bird bath and candles. Youth classes include making treasure boxes, candles, a jumping game and grass hair pot faces. Stop by the center to see their display of these classes.

✓ **Family child care providers needed:** Anyone interested in becoming a family child care provider should contact the family child care office at Ext. 2486. If a person provides care for a total of 10 hours a week, either for one child or a combination of children, they must be licensed through the family child care office.

✓ **Automobile detailing:** The auto skills center offers automobile detailing from 8 a.m. to 5 p.m.

Monday through Friday. Get the neat and clean package for \$12 or the wash and wax for \$27. Additional services are carpet cleaning and car polishing which are \$7 each. Call Ext. 7842 for an appointment.



Rachel Kasie

Membership pays

Walt Boltwood shows off his winning card that netted him \$700 in the bingo games Friday night as Joe Smith prepares the paperwork to award him his prize. All-ranks bingo is offered at 5:30 p.m. Fridays in the community center ballroom. There are two \$25 games, two \$50 games and a \$500 progressive jackpot game with a \$50 consolation prize if the jackpot is not won in 50 numbers or less. Players must be a Services card holder to play. Call Ext. 2489.

AT THE CHAPEL

Chapel schedule

Catholic

Sunday activities:

9 a.m. — Mass
5 p.m. — Confessions
5:30 p.m. — Mass
Wednesday
11:30 a.m. — Mass

Protestant

Sunday activities:

9 a.m. — Sunday school
10:45 a.m. — Protestant worship
1 p.m. — Contemporary worship
Wednesdays
5:30 p.m. — Video Bible study supper

7:15 p.m. — Choir rehearsal
Thursdays
11:30 a.m. — Lunch Bible study

For Islamic, Jewish, Orthodox or other services, call the chapel at Ext. 2500.

AT THE MOVIES

All movies are shown at 7 p.m., unless otherwise noted, at the base theater.

Today

"Juwanna Mann" (PG-13, language and sex-related material, 91 min.)
Starring: Miguel Nuez and Vivica Fox.

Saturday

"Hey Arnold" (PG, some thematic elements, 76 min.)
Animated.

Aug. 9

"Star Wars: Episode II" (PG, sustained sequences of science-fiction action/violence, 142 min.)
Starring: Ewan McGregor and Natalie Portman.

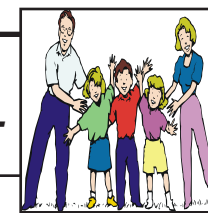
CHANNEL 64

BLAZE 64 offers announcements for people living in base housing or the dormitories.

Call 2nd Lt. Joseph Coslett for more information at Ext. 7065.

Weekdays
9 a.m., noon and 2 p.m.
Air Force Television News
Monday through June 28
9:30 a.m., 12:30 p.m. and 2:30 p.m.
College Level Examination Program: "Introduction to Management"

FAMILY SUPPORT



(Editor's note: All activities are offered at the family support center unless otherwise specified. For more information, call Ext. 2790.)

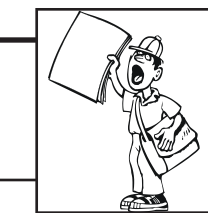
✓ **Check your credit report:** Learn how to check and correct a credit report at the seminar at 4 p.m. Thursday. Signup by Wednesday. For more information, call Shirley Pinckney.

✓ **Single parent luncheons:** These lunches are now the second Tuesday each month at the Columbus Club Happy Lounge. The next meeting is at 11 a.m. Aug. 13. For more information, call Lee Chouinard.

✓ **Video phone support:** This service is for families of deployed or remote personnel who are at a location that also offers video-conferencing services. Call Tech. Sgt. Jamey Coleman to schedule a date and time.

✓ **Advertisement boards:** This new item at the center is for posting items "for sale or swap" or services like babysitting or lawn mowing. People can bring the information on a 3-by-5 card. For more information, call Master Sgt. Mable Brackens.

BASE NOTES



✓ **Sunday school:** Protestant Sunday School registration is Sunday after the 10:45 a.m. and 1 p.m. services.

Adult and children's classes begin at 9 a.m. Aug. 18. Adult classes feature The Book of Acts and Crown Ministries Biblical Financial Study. Children's classes are for ages 3 up to those in 6th grade. Call Ext. 2500.

✓ **Officers spouses club:** The officers spouses club offers a membership drive and special activities social at 6:30 p.m. Aug. 13 at the Columbus Club. The menu is heavy hors d'oeuvres. Cost is \$6 for club members and \$9 for non-club members. Call 434-5511 by noon Aug. 6 for reservations.

✓ **Military liaison teams:** Senior NCOs can apply for a position on a military liaison team at four overseas locations. Nominations are due Aug. 15 for Bosnia, Macedonia or



Staff Sgt. Kyle Ford

Everyday heroes

Chris Bowers, community housing assistant, adjusts a part of her seasonal decorations at the housing office. Her current design is in recognition of Labor Day and the Sept. 11 terrorist attacks. The theme is "Everyday and Forgotten Heroes" — those people who quietly work everyday to ensure the mission accomplish-

Moldova. People interested can submit their applications to the relocations office of the military personnel flight, Bldg. 926. Call Ext. 3537.

✓ **Secondary supply sources:** Authorized people can retrieve property from the Defense Reutilization and Management Office in Anniston, Ala. A stock number and quantity are required. Call Ext. 7198.

✓ **Do-it-yourself moves:** A temporary duty do-it-yourself move is a move from the original permanent duty station to a TDY location and return to original station. It is not a TDY enroute in conjunction with a permanent change-of-station move. Local units are responsible for authorizing and appropriating funding for people wanting to do a TDY do-it-yourself move.

In accordance with AFI 24-501, The Air Force Do-It-Yourself Move program, people must receive a briefing from the traffic management office prior to entering into a DITY move in order to eliminate "after the fact" situations. Call Ext. 2688 or 2573.

AROUND TOWN



✓ **Twilight Thursdays:** Many Main Street Columbus businesses extend their normal hours to 8 p.m. the second Thursday of every month. For more information, visit www.columbusmainstreet.com.

✓ **WWII Prisoner of War Museum:** The Aliceville Museum features artifacts from

German prisoners of war interned at Camp Aliceville, Aliceville, Ala. The museum is at 104 Broad Street NE, Aliceville, Ala., 35442. For more information call (888) 751-2340 or visit www.alicevillemuseum.com. pick-ens.net.

✓ **Lake Lowndes duathlon:** The Duathlon 2002 begins at 8 a.m. Aug. 17 at Lake Lowndes. Cost is \$20 for early registration or \$25 the day of the race. Call 328-2110.

✓ **Little Sturgis:** The 2002 Motorcycle Rally is Aug. 23 through 25 in Sturgis Miss., West of Starkville, Miss., on Highway 82. Entertainment for the annual family-oriented motorcycle rally include the internationally known all-star bands of the late 1960s and early 1970s: Rare Earth, Iron Butterfly and Sugarloaf as well as Highway 101 and the Dawn Barham Band. Activities begin at 8 a.m. and continue until midnight Friday and Saturday.

The rally ends Sunday morning after the Blessing of the Bikes. For more information, visit www.sturgisrally.com or call (662) 465-6492.

✓ **Howlin' Wolf Memorial Blues Festival:** The seventh annual blues festival is Aug. 30 at the West Point Civic. The event features: Alvin 'Youngblood' Hart and the New World Vipers, Willie King and the Liberators, Richard Johnston, Li'l Howlin' Wolf and The Breakbones Blues Band.

Gates open at 5 p.m. Tickets are \$15 at the gate or can be purchased in advance.

Send a check or money order in the amount of \$15 plus a self-addressed stamped envelope to: Howlin' Wolf Blues Society of West Point, MS Inc., P.O. Box 1334, West Point, MS, 39773.

Columbus Club Lunch Buffet

Served from 11 a.m. to 1 p.m.
Cost: \$4.95 for members and \$7.50 for nonmembers
Price includes vegetable of the day, salad and tea

Today
Fried Catfish
Cube Steak
Cherry Cobbler

Monday
Fried Chicken
Baked Ham
Peach Cobbler

Tuesday
Cube Steak
Beef Stir Fry
Banana Pudding

Wednesday
Pulled Pork
Ribs
Apple Cobbler

Thursday
Chicken Pot Pie
Lasagna
Apple Crispos

Columbus AFB running team raises money for AF marathon

Airman Alexis Lloyd
Public affairs

The Columbus AFB marathon team sponsors a run-a-thon from 6 a.m. to 6 p.m. August 17 to raise money for their trip to the Air Force Marathon Sept. 21.

The team only needs to raise \$1,000 to help out with hotel costs, the registration fees are taken care of, said Paul McClain, marathon team member.

At least one team member will be running on the track at all times, and people can sponsor a specific member or just make a donation, McClain said.

Columbus AFB has two registered teams, a full marathon team and a relay team, and at least one individual marathoner.

The full team includes Sharon Gregory, McClain, Eric Sutton and Lashon Webb. Anthony Cook, Andrea



Airman Alexis Lloyd

Sharon Gregory, Paul McClain, Jennifer Moore, Rick Sutton and Lashon Webb begin their 10-mile training run Saturday for the Air Force Marathon at Wright-Patterson AFB, Ohio, Sept. 21.

Misener, Charlie Roberts and Jim West make up the relay team. Skip Latham is the individual marathoner.

Running a marathon is a little extreme, Gregory said. “But it represents fitness and health and serves as motivation for people to just get out and be active.”

More than 1,600 runners are all ready registered for

the 26.2-mile marathon at Wright-Patterson AFB, Ohio, according to the AF Marathon website.

Participants who finish the marathon within the eight-hour time limit receive a medallion. All runners receive a 2002 Air Force Marathon T-shirt and patch.

For more information, call Ext. 2611 or 2477 or visit afmarathon.wpafb.af.mil/.

SHORTS

Mixed bowling league

The Tuesday night mixed league meeting is at 6 p.m. August 20 at the bowling center. Call Ext. 2426.

Winter bowling league

Winter bowling league sign-ups are from now until Aug. 31. Call Ext. 2426.

Bowler appreciation week

Bowler appreciation week is from Sunday to Aug. 10. Shoes are free and games are \$1.25 each for adults and \$1 each for ages 17 and under.

Fall soccer registration

Registration is now until September 6. Cost is \$25 for members and \$35 for nonmembers. Must have a physical on file or turn in physical at time of registration. Call Ext. 2504.

Thursday scrambles

The Thursday afternoon scrambles at Whispering Pines Golf Course begin at 4:45 p.m. Sign up by 4 p.m. each Thursday. Computer selects the teams. Entry is \$5 per person plus greens fees for nonmembers. A fun scramble for all levels of expertise.

Coaches needed

The AETC Softball Championship is at Lackland AFB, Texas, Aug. 24-25. The fitness and sports center seeks applicants to coach the Columbus AFB All-Star team.

All coaching applicants must be active duty and submit a resume stating their qualifications. Varsity experience preferred but not mandatory.

Applicants can submit resumes to the Columbus AFB Fitness and Sports Center. Call Ext. 2772.

Earn gear

Sign up at the fitness center for one of these incentive programs and earn Awesome Possum workout prizes: join the running club, cycling club and/or walking club. Call Ext. 2772.

Physical Fitness Awards program

The President's Council is celebrating its 30th year and is challenging all associated with the armed forces--service members, civilian employees, retirees, contractors and family members to earn a Presidential Sports Award.

The award can be earned in four months by anyone over the age of six. After completing the requirements for your chosen activity (there are over 60 to choose from), the participant submits the fitness log and a \$5 fee to the Presidents Council.

The award itself consists of an emblem or patch and a certificate signed by the President. If family members participate together they will receive an additional Family Fitness strip.

The Council's Web site, www.aausports.org, has a wealth of information. The site provides a list of approved activities, personal fitness logs and answers to frequently asked questions. Call Ext. 2772.



Airman Alexis Lloyd

Putts for playoffs

Joe Jones, DynCorp Team, putts the ball for a chance at birdie on Hole 4 in the intramural semi-final golf game Tuesday. The 14th Logistics Squadron Team beat DynCorp 9 holes to 6 holes. The playoff game between 14th LS and 14th Services Division Team 1 is at 3 p.m. today at the golf course.